



ENERGYBALLS



INGREDIENTS

FOR 16 PIECES (25 G EACH)

- 200 g soft dates
- 75 g peanuts
- 50 g dark chocolate
- 50 g Strawberry Drops filled
- 2 tbsp linseed
- 2 tbsp peanut butter

PREPARATION:

- Firstly, chop the sweets with a knife and mix with the dark chocolate, the peanuts and the dates in a blender.
- Add the linseed into the mix and combine with the peanut butter.
- Shape the mixture into balls (27g each) and leave to cool for 30 minutes.

FRUIT UP YOUR MOMENT.

